



POST-OPERATIVE INSTRUCTIONS FOR DENTAL CROWNS AND DENTAL BRIDGES

Following Tooth Preparation:

- Sensitivity and tenderness of the tooth and surrounding gums is common for the first day or two after a tooth has been prepared for a restoration. If the tenderness or sensitivity lasts longer than this, please contact our office.
- If anesthesia is used, avoid chewing, biting, and eating until the numbness wears off.
- The final restoration may be placed the same day that the tooth is prepared or may be placed during a separate appointment.

For Temporary Restorations:

- Eat softer foods, and avoid foods that are particularly crunchy, chewy, or hard.
- Carefully clean around the restoration, brushing and flossing daily. Be gentle when flossing, taking extra care not to loosen the temporary restoration. Slowly pulling the floss out by one end can help avoid putting too much pressure on the temporary.
- If the temporary restoration becomes loose or breaks, please call us immediately.

After Final Restoration Placement:

- Avoid chewing on hard, crunchy, or sticky foods for 24 hours in order to give time for the cement to fully bond.
- Mild sensitivity to hot or cold foods is not unusual and should dissipate after a few weeks. If sensitivity lasts more than six weeks, please let the office know. Ongoing Care:
- Proper care of your restoration includes brushing your teeth after every meal and snack, and flossing at least once a day before bedtime.
- Rinsing your mouth with water or mouthwash with also help to remove any additional particles that may have been missed during brushing and flossing.

Please call our office if you are in pain or have any questions regarding your treatment.

* Date *

12/10/2021

